Children need a sense of belonging (a sense that they are contributing), acceptance and connectedness. It is a fundamental need to belong and be accepted. When children feel disconnected to a significant caregiver we see things like tantrums, tears, hitting out, name calling, refusal and withdrawing. Children don’t know what to do with those big feelings of being disconnected and they feel scared as they really do want things right (even if it doesn’t seem the case). When they don’t know how to get that connection back we see these behaviours.

It is important to stay connected with children so they can develop a strong and positive sense of self and self esteem. Be mindful in the moment, do your buttons get pushed when your child is ‘acting out’?

“Your children are not out to get you! They are doing the best they can to overcome their obstacles in order to do their best. The buttons they push are old sore spots that were created during your childhood. When it is triggered, it unconsciously reminds you of a time when you felt unloved, blamed, unimportant, disappointed etc. Their button pushing behaviour, frustrating as it may be, is a clue to your needs as well as theirs. Seeing this way will help you realise that your button pushers are the most important...
teachers you will ever have. You can’t change the past (how you were brought up) but you can change how you see the past and learn from this.” “Step out of the power struggle and stop expecting your child to be the grown up first.” Your goal is to be responsive not reactive. This is when real learning happens.” Bonnie Harris

Children need adults to help them with their big emotions, as they struggle to self regulate them at a young age. They don’t understand and need adults to be and stay with them to co-regulate their emotions so they can eventually self regulate their emotions. Use guidance and support, try shifting the power dynamics and get down to your child’s level, acknowledge their feelings, set limits and give options.

For further information and examples of this in practice let staff know if you are interested in a copy of Donna Broadhurst’s workshop or borrow the booklet “Getting your buttons pushed.”

😊 For more information you can borrow the Everyday Learning Series booklets from our Kindy library e.g. Getting your buttons pushed, Children’s behaviour, Confidence and coping skills, Fears and anxieties, Getting along with others. They are informative, with great ideas and an easy read.

In conjunction with this and our involvement with the Kids Matter project we have been very fortunate to have Donna Broadhurst run free workshops at the kindy about children’s challenging behaviours.

“Setting Limits on Children’s Behaviour” and “Pushing our Buttons”

Keep an eye on the notice board for other parenting groups within the local community that are extremely valuable.

Other services that may be helpful:
Noarlunga Community Health Ph: 83849266 (for children under 4 years of age.) CAMHS Child & Adolescent Mental Health Services Ph: 82045412
Southern Primary Health Ph: 83849266
Domestic violence hotline Ph: 1800800098
Parent Helpline Ph: 1300364100 24hours

HEALTHY EATING

Reminder, please bring fresh fruit or vegetables for fruit time for the children to munch and crunch. NO packaged variations of mushy fruit please as they do not encourage the children to use muscles that assist in chewing and also with speech development. Packaged foods also usually contain preservatives that are high in sugar and colours which can effect children’s behaviour. Please send real fruit and just water in the children’s water bottles at Kindy, please no cordials or fruit juice that are full of sugar.

Please remember that 2 fruits or veg are needed each day, one for the morning snack and one for the afternoon snack.

Governing Council (Parent Voice)

We have been discussing our Site Learning Priorities which are displayed by front door. Improved Literacy Outcomes, Children are Confident and Involved Learners and Enhancing the outdoor learning environment.

We value working together as a partnership with families so please share your ideas and voice by returning the very short Kindy questionnaire and placing it in the white box where you sign in. I have left the questionnaire open to adding your name if you would enjoy having further conversations about your ideas or send it in anonymously. Thank you for your time.

At our next meeting on Tuesday 21st June we will be collating these and discussing where we need to make further improvements. Please RSVP if you are attending—see DIARY DATES pg 1.

Reminders

NO TOYS AT KINDY

Please remind your child not to bring any toys to Kindy as this is causing many upsets.

We are also having an issue at the moment with children coming to Kindy in dress ups which is scaring other children and hooded tops of skeletons and Ben Ten that can be zipped up over their faces.

ILLNESS

Please do not send your child if they are unwell as they are unable to engage in their learning and germs are quickly spread. If your child is coughing and sneezing with a cold they will be sent home. I know it is difficult if you are working full time but we
cannot have children at Kindy that are unwell. Please make sure your mobiles are switched on while your child is at Kindy. If I cannot reach you I will be contacting your emergency care person to collect your child if they are unwell. Thankyou.

**Incursion**

**ANIMALS ANONYMOUS are coming to Kindy**

Following on from the children’s interests in nature we have managed to book Animals Anonymous. They have a collection of native animals that they will bring to Kindy. The children can handle the animals as they learn all about them. To keep the costs down we are having an incursion this term and an excursion next term.

Please return the attached permission form to indicate yes or no if your child will be coming and payment if attending ASAP. I apologise for the short notice but we have to send in the money to confirm our booking.

*Please note we are unable to exclude anyone from this event on the day so if you do not want your child involved or do not wish to pay please arrange for your child not to be at Kindy on Monday 4th July or Wednesday 6th July.*

Please return the attached form about the incursion to indicate you have read the notice even if your child will not be attending. Thankyou.

**Curriculum**

**What’s happening at Kindy?**

*Building Learning Power*

*Professor Guy Claxton*

**We are learning about how our brains work and thinking about how we think.**

Providing learning experiences which enables children to develop positive learning dispositions are crucial for life long learning.

I am a curious learner…. I want to know more about things.

I am a creative learner and enjoy making sense of the world and expressing myself creatively through music, movement, arts.

I am a persistent learner… I keep trying even when things get tough.

I am a resilient learner…I don't give up I learn from all experiences.

I am a confident learner… I have a go even when I haven't tried it before because I know that I can learn through being actively involved.

I am a social learner and use positive self talk.

I am an organised learner and set learning goals, take care of things, listen carefully and plan my time.

**Do you enjoy googling information??**

Here are some leading Educators and Professors in children’s development and learning to learn.

Professor Phillip Gammage          Wendy Lee
Professor Guy Claxton              Carol Dweck
Dr Margaret Simms
Opening hearts and minds to life long learning. Kerry, Annette, Di, Tonia and Pam.

We are learning about how our brains and body works.

“Creating a learning culture, a community of learners, we can all learn, learners can learn anything they set their minds to.”

Vanessa confidently shared her ideas about how our brains work and what different parts of our bodies do. “Your food goes in there to your stomach and then all through your wiggly tubes and then it comes out like poo, plop plop.”

We have really enjoyed having Peter Hill at kindy, a Nutritionist from Noarlunga Health. He talked with us all about BRAIN FOOD and ways of keeping healthy.

Zalii and Sian were being reporters to investigate what their peers thought about learning. “Do you think learning is easy, hard, fun or boring?”

We love our outdoor garden.

Still life painting.
We introduce children to art medium through open-ended, full bodied explorations. Through these explorations, children come to fully understand a medium: how it behaves, how it feels on their bodies, how it can be used, and what skills and tools are needed to work with it.
“Animals Anonymous”.
When: MONDAY 4th July and WEDNESDAY 6th July
Cost: $5.50
Where: At kindy during session time.
Duration: 1 hour
Learning Outcome 2: Children are connected and contribute to their world.
Children will learn more about native animals and their habitats by handling the animals and listening to the presenter.

Tear here.

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PLEASE RETURN TO KINDY ASAP (by next Thursday 3rd June)

Child's name __________________________________________________________will be attending.

I give my permission for (child's name)_________________________________________to attend the Animals Anonymous at Kindy.
Enclosed is $5.50

Signed-----------------------------------------------------------------------------------

OR

Child's name )________________________________________________________will not be attending kindy for their usual session on Monday / Wednesday (please circle) to see Animals Anonymous.

Signed..............................................................