Children need a sense of belonging (a sense that they are contributing), acceptance and connectedness. It is a fundamental need to belong and be accepted. When children feel disconnected to a significant caregiver we see things like tantrums, tears, hitting out, name calling, refusal and withdrawing. Children don’t know what to do with those big feelings of being disconnected and they feel scared as they really do want to get things right (even if it doesn’t seem the case). When they don’t know how to get that connection back we see these behaviours.

It is important to stay connected with children so they can develop a strong and positive sense of self and self-esteem. Be mindful in the moment, do your buttons get pushed when your child is ‘acting out’? “Your children are not out to get you! They are doing the best they can to overcome their obstacles in order to do their best. The buttons they push are old sore spots that were created during your childhood. When it is triggered, it unconsciously reminds you of a time when you felt unloved, blamed, unimportant, disappointed etc. Their button pushing behaviour, frustrating as it may be, is a clue to your needs as well as theirs. Seeing this way will help you realise that your button pushers are the most important teachers you will ever have. You can’t change the past(how you were brought up) but you can change how you see the past and learn from this.”

“Step out of the power struggle and stop expecting your child to be the grown up first.” Your goal is to be responsive not reactive. This is when real learning happens.” Bonnie Harris

Children need adults to help them with their big emotions, as they struggle to self-regulate them at a young age. They don’t understand and need adults to
be and stay with them to co-regulate their emotions so they can eventually self regulate their emotions. Use guidance and support, try shifting the power dynamics and get down to your child’s level, acknowledge their feelings, set limits and give options.

For further information and examples of this in practice come along to Donna’s next powerful workshop or ask for a copy of her notes or borrow the booklet “Getting your buttons pushed.”

For more information you can borrow the Everyday Learning Series booklets from our kindy library e.g. Getting your buttons pushed, Children’s behaviour, Confidence and coping skills, Fears and anxieties, Getting along with others. They are informative, with great ideas and an easy read.

In conjunction with this and our involvement with the Kids Matter project we have been very fortunate to have Donna Broadhurst with us who is running free workshops at the kindy about children’s challenging behaviours. The first parent workshop “Setting Limits on Children’s Behaviour” was such a success with over 20 families attending. They have asked for another workshop on “Pushing our Buttons” which Donna has kindly offered to run on Monday 28th June, 7.00pm to 8.30pm. Please RSVP to this by adding your name to the list in the kitchen. Thankyou

Keep an eye on the notice board for other parenting groups within the local community that are extremely valuable.

Other services that may be helpful:
Noarlunga Community Health Ph: 83849266 (for children under 4 years of age.)
CAMHS Child & Adolescent Mental Health Services Ph: 82045412
Southern Primary Health Ph: 83849266
Domestic violence hotline Ph: 1800800098
Parent Helpline Ph: 1300364100 24hours

Reminder, please bring fresh fruit or vegetables for fruit time for the children to munch and crunch. NO packaged variations of mushy fruit please as they do not encourage the children to use muscles that assist in chewing and also with speech development. Packaged foods also usually contain preservatives and colourings and will be sent back home.

We have a strict policy on eating real fruit and just water in the children’s water bottles at kindy, please no cordials or fruit juice that are full of sugar.

If your child stays for a full day two pieces of fruit are needed one for the morning snack and one for the afternoon.

Governing Council (Parent Voice)

We have been discussing our Site Learning Priorities and our Mission Statement. We have asked families to add their voice by selecting 3 values that they would like to see as part of what Frieda Corpe Kindy is renowned for. Add your ideas to the large white board in the kindy or feel free to write them down and give to Kerry. We would like to make them into a large banner and have them printed on kindy T-shirts and windcheaters as part of a kindy uniform. At our next meeting we will be collating these values and discussing the outdoor upgrade. Please RSVP if you are attending- see DIARY DATES pg 1.

Reminders

NO TOYS AT KINDY
Please remind your child not to bring any toys to kindy as this is causing many upsets. We are also having an issue at the moment with children coming to kindy in dress ups which is scaring other children and hooded tops of skeletons and Ben Ten that can be zipped up over their faces.

ILLNESS
Please do not send your child if they are unwell as they are unable to engage in their learning and germs are quickly spread. If your child is coughing and sneezing with a cold they will be sent home. I know it is difficult if you are working full time but we cannot have children at kindy that are unwell. Please make sure your mobiles are switched on while your child is at kindy. If I cannot reach you I will be contacting your emergency care person to collect your child if they are unwell. Thankyou

 HAVE YOU HAD A LOOK IN YOUR CHILD’S PORTFOLIO RECENTLY?
They may have a new learning disposition page or learning story.
Excursion no.3

Following on from the children’s interests and from the learning that has evolved from the last Patch Theatre performance “Me & My Shadow” we have booked into another play called “Sharon keep your hair on!”

It is not often that we are offered such fabulous experiences for children so we excited by the opportunity to go to another play this year.

Once again this excursion is open to all sessional kindy children even if this is not your child’s usual kindy day and hopefully the children that missed out last time may like to join us.

The play is on at the Hopgood Theatre Noarlunga and we are asking parents to bring their children to the theatre at 12.45pm, if you would like your child to attend. (It starts at 1.00pm.)

Please return the attached permission form to indicate yes or no if your child will be coming and payment if attending ASAP to secure a place.

I apologise for the short notice but we have to send in the money to confirm our places.

We have spaces for parents so let me know if you would like to come too.

*Please note there will not be a Tuesday afternoon session.

Adult’s tickets are the same cost as the children’s.

5 staff members will be attending with the children at all times.

Please return the attached form about the excursion to indicate you have read the notice even if your child will not be attending. Thankyou.

Curriculum

What’s happening at kindy?

Earlier this week for the National Simultaneous Storytime we walked to the Noarlunga Library to hear the book ‘Little White Dogs Can’t Jump’ by by Bruce Whatley and Rosie Smith.

Smudge the dog’s legs are so short that he can’t jump into the car, and one of the children devises various strategies around the problem. The story is about persistence, and scientific thinking, but in the end the solution is one where instead of trying to do something to the dog, it is the car that needs to change. This could be seen as an example of the need to adapt the environment to meet the needs of the individual.

We will be having further discussions about this book as part of celebrating our uniqueness.
International Websites

Zoodles
http://www.zoodles.com/
Zoodles is a free web browser designed for use by children eight years old and younger, and provides web-based activities for education and entertainment. Registering a child’s age allows tailoring with age appropriate activities. You can also specify if your child has a vision or hearing impairment and Zoodles will use that information to provide your child with appropriate activities accessible to him or her.

Australian Websites

Children with Disability Australia
http://www.cda.org.au/
Children With Disability Australia is a non-profit, community organisation for children with a disability and their families.

Fundraising

KINDY RAFFLE
FUNDRAISER

Please support this kindy fundraiser by purchasing a $2.00 ticket to win your kindy fees for this term (a saving of $65.00)
See the square grid on the kitchen table.
We haven’t had a fundraiser this year so please support your kindy.
We are trying to purchase 2 small guitars for the children to learn about the joys of music and creating your own music.

Kindy Zucchini slice

3 Medium sized zucchinis
1 large onion
1- 1 1/2 cup grated cheese
1/3 cup of cooking oil
Salt and pepper to taste
2 large carrots
1 cup S.R. flour
5 eggs

Method
Grate carrots and zucchini and finely chopped onion.
In a large bowl mix together carrot, zucchini, onion
Cheese, sifted flour, oil and the lightly beaten eggs.
Pour into a well greased baking dish.
Bake at 200c for 30 - 40 minutes.
(Optional - add 250gms bacon pieces.)

Opening hearts and minds to life long learning. Kerry, Annette, Di, Tonia and Pam.